



Breast Ultrasound

At Canberra Specialist Ultrasound we are passionate about delivering the very best ultrasound imaging service for the benefit of all our patients. We bring together a nationally and internationally renowned team of highly experienced doctors and medical imaging professionals from across the country into a caring and dedicated environment.

Introduction

Your doctor has requested that you have an ultrasound of your breast(s). This examination will provide valuable information that will assist your doctor in managing your medical condition.

Ultrasound uses high frequency sound waves to produce images without adverse side effects and free of radiation. The examination is comprehensive and will examine the breast tissue as well as the nipple and axilla (armpit).

Ultrasound is used in females, males, adults and children to assess a range of conditions including pain, swelling, lumps and nipple discharge, or as part of a breast health surveillance program.

It is also commonly used to compliment mammogram findings and to guide needle biopsies of suspicious areas.

What about the results?

An Accredited Medical Sonographer conducts the ultrasound in close collaboration with a medical specialist Sonologist who will also produce the final report for your doctor.

Preparation

No special preparation is required.

Any medication you normally take should be continued.

What happens during the scan?

You will be asked to change into a gown and lie down on an ultrasound examination bed.

In a private examination room the sonographer will begin by discussing your clinical symptoms and relevant medical history with you.

At Canberra Specialist Ultrasound we combine knowledge of your clinical history with our high quality imaging to maximise the diagnostic value of each examination. It is important that you indicate any lumps or areas of pain or concern to the sonographer so they can ensure the examination matches your presentation.

Warm gel is applied to the breast and a small hand held probe is used to produce real time images.

It is common for selected areas to be measured and documented for review this is not a cause for alarm.

The examination may assess one or both breasts depending on your doctors referral and your presentation. The examination may assess one or both breasts depending on your doctors referral and your presentation. A breast examination will take approximately 20 minutes, although the exact time may vary between patients.